

The curriculum inspires the children's **love** of sport and exercise. It also develops the children's **talents** as sports people.

Through a rich range of experiences, children are challenged to improve their **physical, social, emotional** and **thinking skills**.

The curriculum encourages **reflection** and **critical thinking** about personal skills and progress. It also develops an awareness of and understanding of the **health benefits** of exercise.

Children develop **resilience** and the ability to **work cooperatively** within a 'team' situation. They develop the ability to communicate their views and work in a team with confidence.

The PE curriculum develops the children's knowledge and understanding of a **variety of skills** across a broad range of sports.

Children Leave Singleton School **knowing more** and **remembering more**. The PE curriculum prepares them for their future **aspirations**.

